Activity Name:

Hello, I am ...

Educational area of reference:

Communication

Goals / Objectives:

- Being able to make a presentation of themself
- Being a part of a conversation
- Knowing which points belongs to a self-presentation

Number of participants:

1-5 participants

Time needed:

3 hours with a repetition on another day

Description:

- This activity can be proposed to all members who wants to develop their communication skills.
- The activity is planned to be organized in an afternoon, where 1-5 participants meet in our room.
- During the first meeting, the participants are discussing with them what kind of information belongs to a self-presentation.
- The participants are drawing the different points belonging to a self-presentation like this:



• with pictures the participants are going to sum up the important points of a selfpresentation, for example name, age, residence place, cell number, leisure activities, working place, ... Obviously these are examples, each group can add other

- information like "my projects for the future" or other. The educator will help the participants to distinguish what they can tell in a presentation and what it's not interesting (ex. What I have eat today)
- After collecting all these information, the participants are going to create a sheet of information of every participant, so that everyone has his own sheet of information for a proper presentation.

My self-presentation

- So now, everyone having his own sheet of presentation the participants can start to train making a presentation, one after the other.
- The educator can start with his own presentation, so that the participants have an idea how they can it.

- Then the participants will do their own presentation one after the other.
- At the end of the presentations, everyone can tell how it was.
- In a second round, the participants are doing the presentation like an interview with a microphone to animate the team a bit.
- Everyone can take home his information sheet to repeat or to edit in case of need.
- The participants are going to meet a second time in a strange place, with other people, to whom the participants are going to do again our self-presentation.