

Activity Name:

Dinner for friends

Educational area of reference:

Use of money, use of stores, orienteering in the streets, communication

Goals / Objectives:

- deciding what meal, I want to cook + making a list what to buy for
- going the way to a supermarket and back to my place
- searching the stuff needed for the meal in the supermarket or asking if you can't find it
- paying the stuff, you want to buy
- cooking the meal at your place.

Number of participants:

2 or 4 participants

Time needed:

4-5 hours

Description:

- The participants are meeting on a Saturday afternoon in our meeting room (apartment), and the participants are thinking together about the menu the participants want to cook. Every participant can share his ideas. The educator can give them some cooking books or recipes as an inspiration. After 10 minutes, the participants are going to discuss the ideas and decide together which idea they are going to take for the cooking evening. The other ideas could be used for a second time. If there are 4 participants, they will choose two recipes. It's important to discuss about the doses, The educator will explain to the participants how they can use recipes of the same plate for 4 or for 8 persons.
- After making the decision of what cooking, the participants need to write a list, what must be bought in the supermarket.
- After having established the list, the participants need to go the supermarket. The educator helps the participants to find the way to the supermarket. There can be also introduced parts, where the participants need to ask passersby where they need to go to the supermarket. Depending on the participants group ability, they could also use google maps.
- Arrived at the supermarket the participants can divide up the list of stuff they need to buy. For example, one person is collecting everything for the main course and the other one is collecting everything for the dessert. When everything of the checklist is in the shopping bag, they can go to the cash desk. Maybe they can fix a time, they meet at the cash desk. One of the participants could be responsible for the wallet.
- At the cash desk, they need to pay attention to the different kind of cash desk because their exist cash desk only for 10 articles or only for paying cash / bank cart,...
- They are putting all the items on the cash desk and are waiting till the cashier has scanned all the articles. After that the cashier tell the price of everything and the participants must pay and pack the items into their shopping bag.
- Then the participants will go back to the meeting room and put those items into the fridge which needs to stay cold. Every participant is going to wash the hands before

starting cooking. 2 of the participants will deal with one recipe and the other 2 will deal with the second recipe. They are following the recipe step by step. The educator can do a supervision if everything works well.

- After having finished cooking the participants can prepare the table and start eating.
- After having eaten the participants need to do the washing and cleaning before going home.